

# Research Guides



## PSYCHOLOGY

### ADULT REFERENCE – 1<sup>ST</sup> FLOOR

#### **The Gale Encyclopedia of Mental Health - R 616.89 Gal 2012**

Alphabetically arranged encyclopedia (500 entries) that covers a wide variety of disorders, treatments, tests, and therapies, focused specifically on topics in mental health.

#### **Diagnostic and Statistical Manual of Mental Disorders (DSM-5) - R 616.89 Dia**

Known as the DSM-5, this manual is a classification of mental disorder defining the terms of the diagnoses made by medical professionals. Located behind Reference Desk.

#### **Abnormal Psychology Across the Ages – R 616.89 Pla**

Provides a complete history of abnormal psychology, demonstrating how concepts regarding disordered mental states, their causes, and their treatments developed and evolved across the ages.

### PERIODICALS – 1<sup>ST</sup> FLOOR

#### **Psychology Today**

The latest from the world of psychology: from behavioral research to practical guidance on relationships, mental health and addiction.

### ADULT NONFICTION – 3<sup>RD</sup> FLOOR

#### **Psychology for Dummies – 150 Cas**

A user-friendly guide to the basics of human behavior and mental processes. Cash cuts through the jargon to explain what psychology is all about and what it tells you about why you do the things you do.

#### **The Handy Psychology Answer Book – 150 Coh**

Featuring more than 800 answers to questions of how the human mind and the science of psychology really work, this fascinating discussion gives readers the real facts of modern psychology in a fun, approachable way.

#### **Panorama of Psychology – 150.9 Var**

This book begins with the concepts of psychology in Greek Antiquity, covers the history of philosophy and psychology, as well as theories of personality, from that point on up until modern times.

### DVDS – 2<sup>ND</sup> FLOOR

#### **Psychology of Human Behavior – DVD 150 Psy**

This course of 36 lectures examines the breadth of modern psychology from both clinical and experimental perspectives.

## FINDING BOOKS AND OTHER LIBRARY MATERIALS

### **Dewey Decimal browsing numbers: 150-155; 616.8**

In addition to reference books, you may want to search for other books and materials (videos, audiobooks, etc.) on your topic. You can access the Library catalog from the Library or from home by going to [www.wtpl.org](http://www.wtpl.org). A good subject search is **psychology** and **mental health**.

## EBOOKS

Visit **EBSCOhost** ([www.wtpl.org/research](http://www.wtpl.org/research)) or <https://wtpl.overdrive.com> to search the thousands of eBooks the Library has to offer. Library card required. Contact an Adult Services Librarian for additional details.

## ARTICLES

The following sources can be used to find magazine articles dealing with your topic:

- **EBSCOhost and General OneFile** - Access from the Library or at home using your library card number at [www.wtpl.org](http://www.wtpl.org). Search for full-text articles in these online databases using your choice of keywords. You can limit the search to a certain year or even a certain magazine.

## WEB SITES

**American Psychological Association:** APA's online resources feature psychology topics, glossary, hundreds of links, and more.

[www.apa.org](http://www.apa.org)

**Encyclopedia of Psychology:** A large library of links that provides access to material on many aspects of psychology.

[www.psychology.org](http://www.psychology.org)

**Mental Help Net:** Promotion, access and education about mental health. Multi-faceted and multi-linked. Includes helpful symptoms listing for dozens of disorders.

[www.mentalhelp.net](http://www.mentalhelp.net)

**Psychology Today:** This online site of the popular magazine includes articles, topics, self-tests, find a therapist, and more.

[www.psychologytoday.com](http://www.psychologytoday.com)

**Scientific American Mind:** A bimonthly American popular science magazine concentrating on psychology, neuroscience, and related fields. By analyzing and revealing new thinking in the cognitive sciences, the magazine tries to focus on the biggest breakthroughs in these fields.

[www.scientificamerican.com/mind/](http://www.scientificamerican.com/mind/)